



Eastview Secondary School

May News

Character Attribute for the month of May

Respect - we treat ourselves, others and the environment with consideration and dignity.

More information about Character Education can be found here: www.scdsb.on.ca/about/character_education

Mental Health Week is May 3 to 9

Join us for #SCDSBMentalHealthWeek! The first full week in May (May 3-9) is annually recognized as Children's Mental Health Week and Mental Health Week in Ontario. Throughout this week, the SCDSB would like to continue to bring awareness to the importance of student, staff and community mental health by focusing on resources and activities that promote positive mental health for all students, staff and school communities. Learn more: <https://bit.ly/2QdibGR>

Get Active Outdoors

With the warmer weather fast approaching, many of us are anxious to spend more time outdoors. Research suggests that spending time outdoors has a positive effect on our mental health and well-being. A simple trip outdoors can do wonders for relieving anxiety, stress and depression.

Information provided by the YMCA of Simcoe Muskoka

Simcoe Muskoka Skilled Trades Expo takes place virtually throughout May

The SCDSB's Ontario Youth Apprenticeship Program (OYAP) and community partners are hosting the Simcoe Muskoka Skilled Trades Exposition throughout the month of May. This year, the Expo has taken the form of a Local and Loud Scavenger Hunt featuring Made in Simcoe County careers and companies.

Visit <https://workinsimcoecounty.ca/virtual-skilled-trades-expo> to see how well you know our local skilled trades and apprenticeship partners around Simcoe County. For more information, please email emclachlin@scdsb.on.ca.

Days of awareness and recognition taking place in May

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board (SCDSB) has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of May:

May 1	School Principals' Day
May 3	Music Monday
May 3-9	Mental Health Week
May 4	May the 4th (Star Wars Day)
May 3-7	Education Week/SCDSB Celebrates
May 9	Mother's Day
May 15	International Day of Families
May 17	International Day Against Homophobia, Transphobia and Biphobia
May 30 to June 5	National Access Ability Week